

UPLIFT FAMILY SERVICES GRIEF GROUPS 2024-2025

ALL CYCLES CALENDAR

GROUPS ARE 5 WEEKS LONG*

Team: Chabeli, CJ, Darcie, Sama, & Teresa

EVENING GROUPS	STARTING	ENDING	ENROLLMENTS	BEFORE CYCLE STARTS
CYCLE 1	T 9/17	Th 10/17	CG CONTINUOUS; YOUTHS END BY:	Friday, September 13 th
CYCLE 2	T 11/5	Th 12/12	CG CONTINUOUS; YOUTHS END BY:	Friday, November 1 st
INTERSESSION	T 1/14	Th 2/13	CONTINUOUS FOR CYCLE 3	
CYCLE 3	T 3/4	Th 4/3	CG CONTINUOUS; YOUTHS END BY:	Friday, February 28 th
CYCLE 4	T 4/22	Th 5/22	CG CONTINUOUS; YOUTHS END BY:	Friday, April 18 th
			UPLIFT & PHL CLOSED / HOLIDAYS	Optional 10/14 or 11/11

JULY							AUGUST							SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
	1	2	3	4	5	6					1	2	3	1	2	3	4	5	6	7			1	2	3	4	5						1	2	1	2	3	4	5	6	7
7	8	9	10	11	12	13	4	5	6	7	8	9	10	8	9	10	11	12	13	14	6	7	8	9	10	11	12	3	4	5	6	7	8	9	8	9	10	11	12	13	14
14	15	16	17	18	19	20	11	12	13	14	15	16	17	15	16	17	18	19	20	21	13	14	15	16	17	18	19	10	11	12	13	14	15	16	15	16	17	18	19	20	21
21	22	23	24	25	26	27	18	19	20	21	22	23	24	22	23	24	25	26	27	28	20	21	22	23	24	25	26	17	18	19	20	21	22	23	22	23	24	25	26	27	28
28	29	30	31				25	26	27	28	29	30	31	29	30						27	28	29	30	31			24	25	26	27	28	29	30	29	30	31				

JANUARY							FEBRUARY							MARCH							APRIL							MAY							JUNE						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
			1	2	3	4						1						1			1	2	3	4	5					1	2	3	1	2	3	4	5	6	7		
5	6	7	8	9	10	11	2	3	4	5	6	7	8	2	3	4	5	6	7	8	6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14
12	13	14	15	16	17	18	9	10	11	12	13	14	15	9	10	11	12	13	14	15	13	14	15	16	17	18	19	11	12	13	14	15	16	17	15	16	17	18	19	20	21
19	20	21	22	23	24	25	16	17	18	19	20	21	22	16	17	18	19	20	21	22	20	21	22	23	24	25	26	18	19	20	21	22	23	24	22	23	24	25	26	27	28
26	27	28	29	30	31		23	24	25	26	27	28		23	24	25	26	27	28	29	27	28	29	30				25	26	27	28	29	30	31	29	30					

Grief Groups: Come Together! (K-3rd w/ CG), Older Children (4th-7th), Teens (8th-12th), & Caregivers – Cycles 1, 2, 3 & 4 (None in Intersession)
Specialty Groups: Español Family Grief Groups – Cycles 2 & Intersession GRIT Youths & GRIT Caregivers Groups – In-person only during Intersession & Cycle 4; Free to be Me with You (LGBTQ+ 8th-12th) Family Grief Groups – Intersession; Resilient Parenting for Bereaved Families (*10 weeks) - Cycle 3 & 4