

## Call For Free: 1-833-PHL-HOPE (1-833-745-4673)

## Summer 2022 Schedule

## **SERVICES**

- Free grief and loss support, including COVID-19 losses
- Emotional support
- Information and referrals for Uplift's grief support groups for youth and families
- Dedicated grief support hours for Spanish speaking and grieving LGBTQ+ youth
   These free services are available to anyone, regardless of immigration status.

## **SCHEDULE**

Monday - Thursday: 10 am - 8 pm Fridays & Holidays: CLOSED

Queer & Trans Youth Grief Wednesdays 4 pm - 8 pm & Emotional Support Hours & Thursdays 1 pm - 4 pm

Spanish Language Hours: Mondays 10 am - 1 pm

HOPELINE CLOSED June: July: August: September:

ON THE

June 3

July 1

August 5

September 2

September 2

June 10

July 4-8

August 12

September 5

June 17

July 15

August 19

June 24

July 29

August 26

July 29

**Do you need services after hours?** Visit upliftphilly.org/philly-hopeline to view local and national helplines, emergency hotlines, and crisis centers for youth and adults.

