



Queer and Trans Youth Services

Uplift's Queer & Trans Youth Services

provides education, support, and resources for youth, young adults, and families who identify as part of the LGBTQIA+ community after the death of someone close to them. Queer & Trans Youth Services offers space for individual grief, community grief, and ambiguous loss experiences while acknowledging how our collective history is tied to our grief.

Uplift's Mission

Uplift Center for Grieving Children helps children and youth grieving a death heal and grow through their grief, while strengthening families, communities, and professionals' understanding on how best to respond to their needs.

Grief Groups: Uplift provides free grief groups run by Master's Level clinicians who are members of the community or are trained to work within the community. Each group is grief and loss-centric with a specific focus on the Queer experience and are held virtually via Zoom for youth ages 14 to 18 years old for an hour each week for five (5) weeks. Call [Uplift's Philly HopeLine \(1-833-PHL-HOPE\)](tel:1-833-PHL-HOPE) to sign up for the next cycle.

Drop-Ins: Youth are invited to log on virtually on Zoom to discuss loss and grief, share experiences, learn about self-care and coping during key out-of-school times (e.g., winter break, summer). These Drop-Ins do not require signing up for services – [check our website here](#) for upcoming dates and call us for the Zoom link.

Presentations & Workshops: Uplift offers trainings tailored to educate and inform caregivers, school staff, and other organizations on specific needs of grieving Queer & Trans youth. These are designed to teach adults how to interact with and support Queer & Trans youth who are grieving a death which may be complicated by other losses (e.g., bullying, homelessness, identity, etc.). [Call to schedule.](#)

Philly HopeLine - 1-833-PHL-HOPE (1-833-745-4673): Uplift's warmline offers specific hours for Queer & Trans youth to speak with a clinician who is in the LGBTQ + community to get support, resources, and referrals that are specific to the community. Youth, families or referral sources can also call to sign up for grief groups. Allies are welcome to call to receive information on how to best support their Queer & Trans persons. [See our website here](#) for the hours.

Resources & Referrals: Uplift offers specific resources and referrals for Queer & Trans youth, including healthcare, housing, food, support groups, and referrals to other organizations. [Call our HopeLine](#) or contacts below.

What else to know:

- All services provided are free for youth and families.
- No insurance is needed.
- Parental permission is not required for participating youth ages 14+ years old.

For more information or to request services, please contact:

CJ Roseberry, MSW

Family Services Clinician

Pronouns: They/Them/Theirs

Phone: 267-437-3132 x 1002

Email: CJ@UpliftPhilly.org

Sam Middleton, MS

Uplift Clinician

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