



Philly HopeLine

Hope Is Only A Call Away

CALL FOR FREE:

1-833-PHL-HOPE

(1-833-745-4673)

SERVICES

- Free grief and loss support
- Counseling for COVID-19 related losses
- Emotional support
- **New:** Dedicated grief support hours for Spanish speaking and grieving LGBTQ+ youth

SCHEDULE

Mondays - Fridays 10 a.m. - 8 p.m.

Holidays 12 p.m. - 4 p.m.

Spanish Language Hours Thursdays 1 p.m. - 4 p.m.
& Fridays 10 a.m. - 1 p.m.

**Queer and Trans Youth
Grief and Emotional
Support Hours** Thursdays 4 p.m. - 8 p.m.
& Fridays 1 p.m. - 4 p.m.

ABOUT US

The Philly HopeLine is an award-winning free, confidential helpline sponsored by **Uplift Center for Grieving Children** and the **School District of Philadelphia**. It is staffed by Masters's level clinicians from Uplift, and is open to all Philadelphia students and families. Our interpretation line offers translations into over 100 languages.

UPLIFTPHILLY.ORG/PHILLY-HOPELINE