



IMPACT REPORT 2018/2019



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Dear Friends,

It is with great pleasure that we share with you Uplift Center for Grieving Children's 2018-19 Impact Report. This past program year was one of tremendous growth for Uplift, during which we served more children and families in more schools and neighborhoods than ever before. We couldn't have done it without your support and belief in our mission, and we thank you!

To help you truly appreciate the impact of your support, we'd like to share a meaningful experience Uplift's Training Coordinator, Katherine Streit, had during an In-School Grief Support Group this past academic year:

An uplifting moment that stands out to me from the 2018-19 school year happened during an elementary school grief group I was leading in Thomas G. Morton School in West Philadelphia. The group was never dull - there were eight students aged seven to twelve coming together each week, talking over each other and anxious to participate in activities, all except Siani. While I could tell Siani enjoyed coming to grief group, she remained silent for the first seven weeks, taking it all in and listening carefully, but not yet ready to tell her story.

Every week we start group with a game of Thumball - each participant tells their name, the name of their person who died, and answers the question located under their thumb on the ball we toss to each other. Each week when Siani caught the ball, she would choose to pass, until the eighth week, when she took a deep breath, told her name, and told her story. Siani shared that her father had been shot and killed, and that this was the first time she had ever said it out loud.

The group was silent as Siani shared, the other students staring at her intently with surprise and awe, until she finished, and they all rushed at her, clapping and throwing their arms around her. Watching her schoolmates support Siani as she bravely spoke for the first time was so powerful. I love to see those connections made and witness young people creating true safe spaces for each other - spaces where they understand that vulnerability is not weak, but instead strong and courageous; a space where initial mistrust can, in time, be replaced by genuine trust and care. It is incredibly powerful to know that Siani and her friends from group each have seven peers at their school who not only understand, listen, and support each other, but will applaud and encourage honest, emotional sharing. The formal group has ended, but the students have formed a community, and through that, they know they are never truly alone.

Your support of Uplift's grief support programs enables children like Siani to find ways to express and work through their grief in Family Services Groups, In-School Groups, Community Groups, and even in their homes, as they share the coping skills they've learned with caregivers and family members. We will continue to work to make Uplift's services accessible to all who need them, and we thank you for joining us in ensuring no child grieves alone.

With sincere gratitude,



Darcy Walker Krause
Executive Director



David Lafferty
Chair, Board of Directors

OUR MISSION

Uplift Center for Grieving Children helps children grieving a death heal and grow through their grief, while strengthening families, communities, and professionals' understanding of how best to respond to their needs.



FAMILY SERVICES

419

CHILDREN/YOUTH/TEENS
SUPPORTED IN GRIEF GROUPS

315

CAREGIVERS SUPPORTED IN
GRIEF GROUPS



SCHOOL & COMMUNITY

154

SCHOOLS AND COMMUNITY GROUPS

1,192

CHILDREN SERVED IN SCHOOL AND
COMMUNITY GROUPS

1,171

PROFESSIONALS TRAINED



29

CRISIS GROUPS

241

CHILDREN AND ADULTS IN
CRISIS GROUPS

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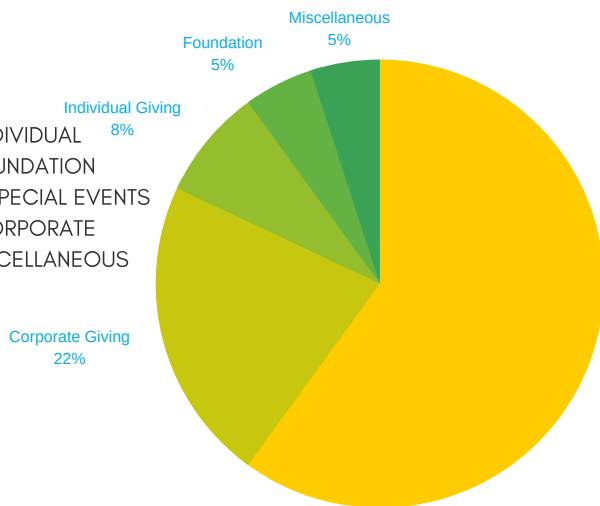
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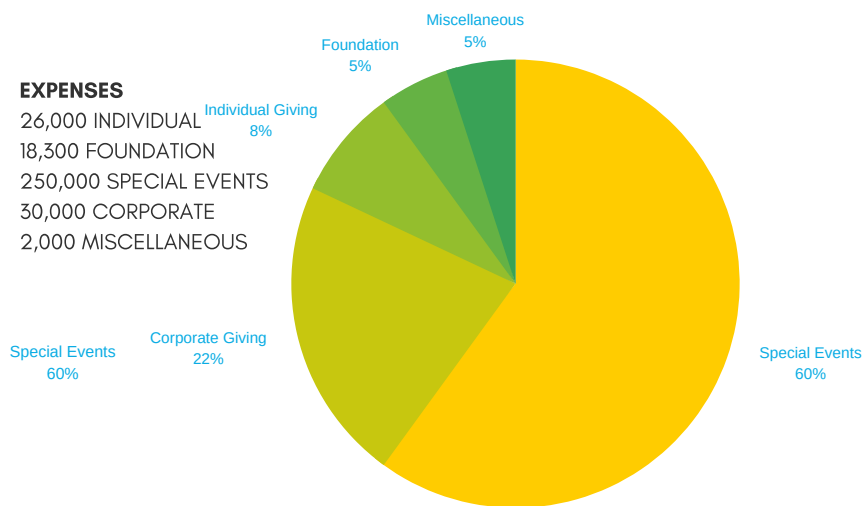
INCOME

26,000 INDIVIDUAL
18,300 FOUNDATION
250,000 SPECIAL EVENTS
30,000 CORPORATE
2,000 MISCELLANEOUS



EXPENSES

26,000 INDIVIDUAL
18,300 FOUNDATION
250,000 SPECIAL EVENTS
30,000 CORPORATE
2,000 MISCELLANEOUS



Uplift's ability to serve so many of Philadelphia's grieving children, youth, and families during the 2018-19 program year was made possible thanks to the incredible support we receive from a variety of sources. Our heartfelt thanks to each and every volunteer, individual donor, corporate supporter, foundation funder, event attendee, social media post sharer, and all our friends who advocate for our work and mission.

A special thank you to the children and families we work with, for their bravery and dedication that inspire us every day.