

Video Training Series:

SUPPORT FOR THE HELPERS: MOVING THROUGH OUR COLLECTIVE GRIEF & TRAUMA

Resources For Session #3:

Losing Normalcy and Missing Milestones: Having to Do the Opposite of What Grief Needs

AS SEEN IN THE VIDEO:

Free Video Call Apps/Platforms for Staying Connected



Zoom:

After signing up for a free account, free video calls for up to 100 people for 40 minutes at a time.

(No time limit for video calls with 2 or fewer people.)

People can call into video calls from telephone for audio only.

Can be used on a laptop (with link), and free mobile app download onto Smartphones for Android, iPhones, and tablets.

Learn more here: www.zoom.us



Google Hangouts:

After signing up for free Gmail account (or using existing one), free video calls for up to 10 people.

Free group chat (no video) for up to 150 people.

Requires a Gmail account to start a call, but people can join a Hangouts call without one.

Can be used on a laptop (with link), and free app download onto Smartphones for Android, iPhones, and tablets

Learn more here: www.hangouts.google.com



Houseparty:

After signing up for a free account, free video calls for up to 8 people.

Features interactive games you can play with people on calls.

Can be used on a laptop with web app, and free mobile app download onto Smartphones for Android, iPhones, and tablets.

Learn more here: www.houseparty.com



Google Meet:

Was originally targeted at businesses, but recently became <u>FREE to everyone</u> to use.

After signing up for free Gmail account, free video calls for up to 100 people at once.

Features scheduling, screen sharing, and real-time captioning.

No time limit for free video calls until October 1, then video calls will be capped at 60 minutes each.

Learn more here: www.meet.google.com



VIRTUAL GRADUATIONS

Graduate Together for High School Class of 2020

www.youtube.com/watch?v=6uXkfnn-eg4

Hosted by LeBron James, with guests Kevin Hart, Yara Shahidi, Malala Yousafzai, Pharrell Williams, and others!



Other Virtual Commencement Speeches

Barack Obama to HBCU Graduates: www.youtube.com/watch?v=splxSlUPVRc

Barack Obama (to all High School graduates): www.youtube.com/watch?v=ta5anRPf8rQ

Stephen Curry: www.youtube.com/watch?v=aKz-jBcBREI

Oprah Winfrey: www.youtube.com/watch?v=MemEUmeZUPU

Dear Class of 2020

www.youtube.com/watch?
v=rxpTjcouaeQ

hosted by Barack & Michelle Obama on June 6, 2020

