



POST-CRISIS SERVICES

Following the death of a member of a school or community organization, Uplift's Post-Crisis Intervention Coordinator offers support via telephone, email, or in person within 48 hours of a crisis. Uplift can support youth, staff, and the larger community with age-appropriate activities, resources, and/or post-crisis support groups as needed. Additionally, Uplift can help create a plan in cases of terminal illness to help prepare a community for an anticipated death.



PHONE OR EMAIL CONSULTATION

In the aftermath of a crisis, you might not know what steps to take next. Reach out to our Post-Crisis Intervention Coordinator for support, planning, and consultation. Resources and referrals are also available when applicable.

POST-CRISIS INTERVENTIONS

After speaking with our Post-Crisis Intervention Coordinator and developing a plan to best support your school or organization, a post-crisis intervention can be scheduled. This service is intended to be completed shortly after a death has occurred in your school, community, or organization and will focus on notification, grounding, stabilization, psychoeducation, and identification of support systems. These can be done in classrooms or in smaller groups and each session runs for approximately 45-60 minutes. When applicable, post-crisis support services should be coordinated in partnership with your school's Prevention and Intervention Liaison.

COPING GROUPS AND SELF-CARE GROUPS

These are intensive follow-up options to post-crisis interventions that allow for conversations about how a specific death has impacted them or about managing overwhelming stress and self-care strategies following a traumatic event. These groups are one-time interventions that run approximately 90-120 minutes. Both coping and self-care groups are often done in conjunction with the Network of Neighbors Responding to Violence.

LEGACY GROUPS

If continued, longer-term support is needed, Uplift can provide a legacy group that will focus on commemorating, memorializing, and honoring a member of a school or community that has died. These groups are intended to support those students that are most acutely impacted by a death in their school or community. These groups are an ongoing service that meet for five, 60-minute sessions and are designed for individuals who have been more acutely impacted by a specific death.

TRAININGS

Professional Development trainings are designed to equip all school staff with evidence-based, best practice protocols, strategies, and tools to most effectively support students grieving a death in their school community and to prevent further challenges.

Making a Plan for Support: Recommendations for Handling a School Death

(2 hours minimum)

- Intended for schools and youth-serving agencies before a death occurs
- Designed for all staff, particularly those involved in school safety, culture & counseling

Supporting Grieving Students & Ourselves After a School Death

(2 hours minimum) *Priority scheduling given*

- Intended for schools and youth-serving agencies after a death occurs
- Designed for all staff, particularly educators involved in the day-to-day life of students

NEED MORE INFORMATION?

To learn more, please contact
Uplift's Post-Crisis
Intervention Coordinator:

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OUR MISSION:

Uplift Center for Grieving
Children helps children grieving
a death to heal and grow
through their grief while
strengthening families,
communities and professionals'
understanding of how best to
respond to their needs.

