Coronavirus is an illness that makes people sick.

I can get this by being near sick people when they cough or sneeze.

I can also get it if I touch something a sick person sneezed on, coughed on, or touched.

To stay healthy, I should avoid places where there are lots of people.

I should wash my hands when I cough, sneeze or use the bathroom.

I should try to not touch my face.
I need to wash my hands to stay healthy.

I should wash my hands after using the bathroom.

I should wash my hands after I sneeze or cough.

I need to use soap and water to wash my hands.

I need to first get my hands wet.

Next I put soap on my hands.
I need to rub the soap all over my hands.

I should rub my hands together for 20 seconds.

1, 2, 3, 4, 5...

I can sing "Happy Birthday" twice to make sure I wash my hands long enough.

Happy birthday to you...

I rinse my hands with water.

I dry off my hands with a paper towel.

Now my hands are clean!